

THE  
**GEORGE**  
 HOTEL & BEACH CLUB  
*Isle of Wight*

THE GEORGE CONTINENTAL

*Please help yourself to the buffet table*

*Freshly squeezed juices, fruit smoothie & The George's green juice blend*

*Tea & coffee*

*Cereals & house seasonal granola with nuts, dried fruits & seeds*

*House seasonal bircher muesli*

*Freshly baked croissants, pain au chocolat & Danish pastries*

*Island Bakers sourdough & ciabatta with homemade preserves & lemon curd*

*Local & continental cheeses on the trolley*

*Honey roast ham, charcuterie & house chutney*

*Seasonal fruit compote with Greek yoghurt*

*Seasonal marinated fruits*

*Fresh fruit bowl*

*Continental breakfast £15*

*Continental breakfast is included for guests staying in the hotel*

*Breakfast is served from 7.30am-10.00am Monday to Saturday  
 8am-10:00am Sundays*

*allergies & intolerances - please speak to a member of the team and they will be happy  
 to inform you of the ingredients in each dish*

V = Vegetarian

VE = Vegan

GF = Gluten free

DF = Dairy free

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FROM THE KITCHEN

*Pancakes & Waffles*

*Citrus pancakes with maple syrup* V GF available £6.00

*Citrus pancakes, grilled streaky bacon & maple syrup* V GF available £9.75

*Vanilla waffles, red fruits & crème fraîche* V GF available £9.75

*Vanilla waffles, hot chocolate sauce & crème fraîche* V GF available £9.00

*Whisky glazed porridge*

*Glazed with brown sugar & served with red fruits* V £7.95

*Boiled eggs and soldiers* GF available

£7.25

*Bacon & fried egg open sandwich*

*Grilled sourdough, free range egg & grilled streaky bacon* GF available £8.75

*The George breakfast*

*Pork sausage, grilled smoked back & streaky bacon, black & white pudding* £15.00

*grilled field mushroom, IoW tomato, house baked beans, potato rösti & free range egg*

*Breakfast from the land*

*Grilled halloumi, potato rösti, sautéed field mushrooms, IoW tomato, avocado* £13.00

*house beans & free range egg* V GF available

*Eggs Benedict*

*Poached eggs, house ham on a toasted muffin with hollandaise sauce* GF available £11.75

*Eggs Royale*

*Poached eggs, Severn & Wye smoked salmon on a toasted muffin* £13.25

*with hollandaise sauce & dill* GF available

*Smoked salmon, scrambled eggs, chives & lemon* GF

£11.25

*Severn & Wye grilled kipper*

*Poached egg, lemon & parsley butter, capers & caper berries* GF £11.00

*Local lobster, toasted crumpet & Café de Paris butter*

£22.00

*Poached eggs, toasted crumpet, avocado & sriracha mayonnaise*

£10.00



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JOE'S TEA Co - £3

*Ever-So- English Breakfast*

*Contains caffeine. Organic black tea from the heart of Ceylon; delicate, floral and refreshing*

*The Earl of Grey*

*Contains caffeine. Organic Ceylon black tea spruced up with oil of bergamot.*

*Jasmine's Green Glory*

*Contains caffeine. An organic floral fusion of jasmine green tea.*

*Whiter Than White*

*Contains caffeine. An organic and ultra-virtuous white tea blend.*

*Rest-Repeat Rooibos*

*Caffeine-free. A rich, smooth and full-bodied blend of organic rooibos.*

*Proper Peppermint*

*Caffeine-free. Pure and simple organic peppermint to refresh and mellow.*

COFFEE

<i>Americano</i>	<i>£2.50</i>	<i>Mocha</i>	<i>£3.50</i>
<i>Cafetière</i>	<i>£3.75</i>	<i>Espresso</i>	<i>£2.00/£2.75</i>
<i>Latte</i>	<i>£3.00</i>	<i>Macchiato</i>	<i>£2.25</i>
<i>Cappuccino</i>	<i>£3.00</i>	<i>Hot Chocolate</i>	<i>£3.50</i>



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**BREAKFAST**

