

THE  
**GEORGE**  
HOTEL & BEACH CLUB  
*Isle of Wight*

THE GEORGE CONTINENTAL

*Please help yourself to the buffet table*

*Freshly squeezed juices, fruit smoothie & The George's green juice blend*

*Cereals & house seasonal granola with nuts, dried fruits & seeds*

*House seasonal bircher muesli*

*Freshly baked croissants, pain au chocolat & Danish pastries*

*Island Bakers sourdough & ciabatta with homemade preserves & lemon curd*

*Local & continental cheeses on the trolley*

*Honey roast ham, charcuterie & house chutney*

*Seasonal fruit compote with Greek yoghurt*

*Seasonal marinated fruits*

*Fresh fruit bowl*

*Continental breakfast £15*

*Cafetière coffee and a selection of teas included*

*Continental breakfast is included for guests staying in the hotel*

*Breakfast is served from 7.30am-10.00am Monday to Friday*

*8am-10:00am Saturday, Sunday and Bank Holiday Mondays*

*allergies & intolerances - please speak to a member of the team and they will be happy to inform you of the ingredients in each dish*

V = Vegetarian

VE = Vegan

GF = Gluten free

DF = Dairy free

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FROM THE KITCHEN

*Pancakes & Waffles*

*Citrus pancakes with maple syrup* V (GF and VE available) £6.00

*Citrus pancakes, grilled streaky bacon & maple syrup* (GF available) £9.75

*Vanilla waffles, red fruits & crème fraîche* V (GF and VE available) £9.75

*Vanilla waffles, hot chocolate sauce & crème fraîche* V (GF available) £9.00

*Whisky glazed porridge*

£7.95

*Glazed with brown sugar & served with red fruits* V (VE and DF available)

*Boiled eggs and soldiers* (GF available)

£7.25

*Bacon & fried egg open sandwich*

£8.75

*Grilled sourdough, free range egg & grilled streaky bacon* (GF available)

*The George breakfast*

£15.00

*Pork sausage, grilled smoked back & streaky bacon, black & white pudding*

*grilled field mushroom, IoW tomato, house baked beans, potato rösti & free range egg* DF

*Breakfast from the land*

£13.00

*Grilled halloumi, potato rösti, sautéed field mushrooms, IoW tomato, avocado*

*house beans & free range egg* V (GF and VE available)

*Eggs Benedict*

£11.75

*Poached eggs, house ham on a toasted muffin with hollandaise sauce* (DF and GF available)

*Eggs Royale*

£13.25

*Poached eggs, Severn & Wye smoked salmon on a toasted muffin*

*with hollandaise sauce & dill* (DF and GF available)

*Smoked salmon, scrambled eggs, chives & lemon* GF (DF available)

£11.25

*Severn & Wye grilled kipper*

£11.00

*Poached egg, lemon & parsley butter, capers & caper berries* GF

*Local lobster, toasted crumpet & Café de Paris butter*

£22.00

*Poached eggs, toasted crumpet, avocado & sriracha mayonnaise* DF

£10.00



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JOE'S TEA Co - £3

*Ever-So- English Breakfast*

*Contains caffeine. Organic black tea from the heart of Ceylon; delicate, floral and refreshing*

*The Earl of Grey*

*Contains caffeine. Organic Ceylon black tea spruced up with oil of bergamot.*

*Jasmine's Green Glory*

*Contains caffeine. An organic floral fusion of jasmine green tea.*

*Whiter Than White*

*Contains caffeine. An organic and ultra-virtuous white tea blend.*

*Rest-Repeat Rooibos*

*Caffeine-free. A rich, smooth and full-bodied blend of organic rooibos.*

*Proper Peppermint*

*Caffeine-free. Pure and simple organic peppermint to refresh and mellow.*

COFFEE

<i>Americano</i>	<i>£2.50</i>	<i>Mocha</i>	<i>£3.50</i>
<i>Cafetière</i>	<i>£3.75</i>	<i>Espresso</i>	<i>£2.00/£2.75</i>
<i>Latte</i>	<i>£3.00</i>	<i>Macchiato</i>	<i>£2.25</i>
<i>Cappuccino</i>	<i>£3.00</i>	<i>Hot Chocolate</i>	<i>£3.50</i>



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**BREAKFAST**

